

The Studio Times

Rhythm 'N Motion Dance Studio
RNMDanceStudio.com

October 2021



Dress Code Reminders

As we begin our second month of classes, please make sure your dancer is abiding by our dress code. It helps the instructors to be able to quickly identify any body placement or technique issues that may lead to injury. By having the entire class properly dressed, we also lessen distractions.

- Hair is to be pulled back neatly, completely out of a dancer's face and in a bun for all Ballet classes.
- Label shoes on the **inside** with a Sharpie.
- NO midriffs should be exposed by any dancer at any time.
- NO dangly jewelry. Stud earrings are perfect although we recommend none for acro students when doing partnering stunts.

Creative Dance: Pink or Black leotard, Pink tights, Hair in bun, No bangs, Pink ballet shoes

Pre-Ballet/Tap: Pink or Black leotard, Pink tights, Hair in bun, No bangs, Pink ballet shoes & black Tap shoes

Ballet: Black leotard, Pink tights, Hair in bun, No bangs, Pink ballet shoes

Hip-Hop: Loose clothing (No jeans), Hair out of face, Any indoor only sneakers

Jazz: Leotard, Black dance bottoms, Hair in ponytail, Any style jazz shoe

Lyrical/Modern/Acro: Leotard, Tights or dance bottoms, ponytail or bun, bare feet

Tap: Leotard, black dance bottoms, Hair in ponytail/bun, black Tap shoes

VETERN'S DAY PARADE

Saturday, November 13 at 1pm is Martinsburg's Veteran's Parade and RNM has been asked to participate! This a great parade for everyone, but especially our younger dancers since it is a very short parade route.

Dancers Beg A and above will be able to dance in the parade, and we will have a float for our younger students and siblings. Dancers will be learning the easy parade choreography in their classes and will need to SIGN UP at the front desk if they will be attending the parade. Dancers should wear their RNM sweatshirts, with black bottoms and sneakers. Hair half up.

We welcome parents and siblings to join us! We will be asking some parents to hand out candy along the way. We hope you'll join us for this fun parade!

DATES TO REMEMBER

- **October 7**
Joe Corbi Orders DUE
- **October 11**
WE ARE OPEN with the normal Monday schedule
- **October 15-17**
Dance WV Fall Festival
- **October 25-29**
Wear a Costume to Class Week
- **October 28**
Joe Corbi Orders DELIVERED





STUDENT OF THE MONTH

October's Student of the Month is

Adlee Wengert!

Adlee is the 8 year old daughter of Julie and Marc Wengert and big sister to Jack and Shaylee.

Adlee is a 3rd grade homeschool student. This is 5th year of dance at RNM.

Check out the SOM Board for more info on Adlee!

Dance WV Fall Festival

Fall Festival is just a couple weeks away! All meals are provided but dancers should bring a little cash for meals/snacks while traveling as well as for the flashlight tour of the Asylum if they wish to attend. Backstage Bodywear will also be present with dance wear and accessories. Bed linens are provided, but we recommend taking your own sleeping bag/blanket and pillow. Those who are attending should make sure to pack:

Pillow	Sleeping bag/blanket	All dance shoes (Hip Hop!)
Toiletries	Towel/wash cloth	Extra leotards/Tights
PJs	Refillable Water Bottle	Lots of Hair stuff (bobby pins!)
Sweats	Sensible Shoes	Hair dryer
Snacks	Yoga Mat/towel	Umbrella
Coat/hat	TPDC/RNM Jacket	Comfy clothes

A school excuse letter will be sent home this week. Please turn these in to your school prior to the absence. Carpooling arrangements can be made with Stephanie, Tina, and Rebecca.

Nutcracker Sign Ups!

We are excited to get back in the theatre to perform TPDC's **The Nutcracker: Clara's Candy Land Adventure** and all of RNM's ballet students are invited to perform! There is no cost to participate, but students will have a few extra rehearsals to be stage-ready. We have begun working on phrases of dances in our classes already, which will help to limit extra rehearsals.

The show will be held at The Apollo Theatre on December 18-19. On stage rehearsals will be held on Dec 16 and 17. A full cast list, calendar, and info packet will be sent home with each dancer next week.

RNM is the only studio in the area to offer so many stage performance opportunities! Make sure your dancer has the chance to shine onstage! If you're interested in participating, please sign up at the front desk!

DRESS UP WEEK

Costume week will be the week of October 25. Dancers are welcome to come dressed in their Halloween costume or even a favorite past dance costume - Just make sure they can still dance in whatever they wear.

